

FIRE KILLS SAFETY

Imagine a fire quickly breaks out in your office or facility. Smoke and flames quickly fill the rooms and hallways. What are you going to do? Where are you going to go? On average 7 people per day die in a building fire. Being prepared and knowing what to do in case of a fire can save your life.

Keep Safety in Mind

If you are caught in a fire, there are some techniques that will give you the best chance of survival. Stay low and crawl, have a flashlight, and have an escape plan. If you cannot put the fire out with an extinguisher in 30 seconds, just get out. Have smoke alarms and check your batteries.

Here are the top 5 things you need to know about fire kills safety.

1. Fire is black

- In a fire, you cannot see.
- The fire is black.
- You will be disoriented.
- Expect not to see.
- The fire is not like it is shown in the movies. You will not be able to see anything. You will need to get out fast.

2. The smoke and gas

- There is carbon monoxide in the smoke.
- The smell of the smoke will not wake you up.
- Most people die from the smoke and gas not the fire.
- Not only will you not be able to see but you would not be able to breathe.

3. The heat

- Heat kills in seconds.
- Your body will stop functioning due to the heat.
- Breathing air that is 150 degrees will vaporize your lungs.
- The heat travels fast.

4. Time is your enemy

- Most people think they have time in a fire, you don't.
- You have less than 1-2 minutes to get out.
- It only takes about 3 minutes to fully engulf a room in dark black smoke.

5. Be prepared

- What are you doing to be prepared?
- Ensure that you have working smoke alarms.
- What is your escape plan?
- Where are you going to meet outside the building.

Discussion

1. What is our emergency fire plan?
2. Can anyone share an experience relating to this topic?

